Apr/May 2008

Kickin' It Around

KUK SOOL WON MARTIAL ARTS

St. Louis Tournament Time !! April 26, 2oo8

We are honored to host the KSW St. Louis Tournament at the University of Missouri's St. Louis Campus on April 26th this year. What a great day! We are one of only three schools nationwide to host this event.

The tournament date is coming fast, so now it the time to have your techniques partner chosen with weekly practice time scheduled. Now is the time to come to extra classes to practice techniques and forms. This competition is a TEAM effort and we want to retain the title of champion at this year's tournament !

The tournament itself is exciting; to meet students from other schools, to see what you can do, to watch your fellow students become Black Belts and then to witness the Masters of Kuk Sool Won perform during the demonstration. It is truly a jam-packed day!

Have some fun !! Talk with students from other schools, find out where they're from. If you do not know their title, address the person as "sir" or "ma'am". Cheer your friends! Cheer your Instructors! You will discover a large Kuk Sool extended family from all over the world.

Personally, my favorite part is being ring-side to participate while score-keeping. I have an up-close seat, I get to know so many people from Kuk Sool from across the country and I get to participate as a parent! I began score-keeping as a way to both see my son in his ring and as a way to show him that volunteerism is important. I continue to score-keep because I enjoy the fun on the ring-side, I still believe in volunteerism and I get to participate in my own way !

Kuk Sool Won's 50th Anniversary

We would like to announce the celebration of Kuk Sool Won's 50th Anniversary this year. Kuk Sa Nym completed the arduous task of organizing a single Korean martial art in 1958, which became the Kuk Sool Won Association. Kuk Sa Nym began training hundreds of native Koreans, which was the first time Koreans were given this opportunity to train in their own native martial art. Kuk Sa Nym traveled extensively and eventually exceeded 300 martial arts schools throughout Korea.

Kuk Sa Nym came to the United States in 1974, and established the U.S. headquarters of the Kuk Sool Won Association in San Francisco, California. (February 1975) The headquarters moved in October 1991 to Houston, Texas to become a more centralized location.

The World Kuk Sool Won Association has many plans to celebrate their 50th Anniversary. The easiest way to access this information is by checking their website at : www.kuksoolwon.com

The St. Louis Kuk Sool Won school would like to announce the celebration of two distinct promotions during this 50th Anniversary year. October 10-12th, 2008 in Houston, TX., during the World Championship Tournament, Kwang Ja Nym Jack Harvey and Sa Bum Nym Lee Harvey will both be promoted to their next levels. Master Jack Harvey will attain his sixth degree Black belt and SBN Lee Harvey will become Master Lee Harvey at fifth degree Black belt. We are excited and privileged to have two Masters in Kuk Sool Won leading our school.

The World Kuk Sool Championship Tournament in October is several months away, so please consider coming to Houston to join in the celebration. Information regarding dates, lodging and alike are available at the St. Peters KSW school .

A Special Thanks :

Thank you to all the Black Belts who assisted in our Intraschool Tournament held on March 22nd, KJN Jack & SBN Lee

Special points of interest:

** April 25th : Black Belt Test for ALL candidates at the Old Gym at the St. Charles High School.*

** All uniforms that are to be used in competition need to have the US Flag patch on the left sleeve. You can purchase this at the St. Peters dojang.*

Congratulations On Your Promotion

February 2008

Yellow Stripe : Brittany Cornwell, William Reed

Yellow Belt : Conor Bodkin

Blue Stripe : Donovin Diana

Blue Belt : Jacob Woolbright, Bryce Elder, Adam Waddell

Red Stripe : Jared Sullivan, Brad Udell

Red Belt : Teresa Johnson

Brown Stripe : Kyle Chumbley

Brown-Black Belt : Michael Hendricks, Tony Lococo, Doug Visconti & Laura Early

We would like to congratulate all the hard work and dedication our students have given towards their goals of physical fitness and self-defense. Great job !

March 2008

Yellow Stripe :Lyric Matthews, Liz Bengal, Alex Rasher & JP O'Gorman

Yellow Belt: Chase Matthews

Blue Belt : Paul Conley

Brown Belt: Angel Kasper

Black-Brown Belt : Thomas Simmons, Madeleine Simmons, Zachary Broeker, Samantha Nardi, Dominic Nardi

Birthday Greetings To:

March

Douglas Eilering	Mar 2nd
JKN Jessica Fleeman	Mar 13th
David Rutsch	Mar 13th
Teresa Johnson	Mar 19th
Laura Early	Mar 31st

April

SBN Lee Harvey	Apr 1st
Cynthia Hernandez	Apr 1st
Nathaniel Green	Apr 2nd
William Reed	Apr 2nd
Destiny Nezam	Apr 3rd
Matt Meyer	Apr 4th
Daniel Bishir	Apr 8th
James Bowie	Apr 17th
Brigid Costello	Apr 23rd
Doug Visconti	Apr 26th

May

Jeremy Josar	May 4th
Michael Anderson	May 4th
Doug Osgood	May 5th
Santino Nardi	May 6th
Samantha Nardi	May 13th
Claire Huss	May 14th
Donovin Diana	May 28th
Jacob Anderson	May 31st

Announcements :

Welcome To Our New Students :

KJN Jack and SBN Lee would like to welcome our new students to the KSW family. Please look for our new students in your class and introduce yourself !

Welcome to : Destiny Nezam, Logan Petty, Jeffrey Lloyd, Mark Brown, Peggy Walker, Olivia Walker, Kyle Walker, Dylan Haman, and Charles Taylor.

Honor Roll : Adam Waddell

Straight A's Club : Andrew Halaney

Summer Camp : KSW Summer Camp is coming up … don't make your plans without it !! Last year was FANTASTIC!! Weapons, swimming, campfires, talent shows … mark your calendars !!

April 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 6 pm Kids 7 pm Adult sparring	5 9 AM Black Belt Class
6	7	8	9	10	11 6 PM Kids 7 PM Adult Sparring	12 9 AM Black Belt Class
13	14 Sparring	15 Sparring	16	17 *6 PM Belt Testing*	18 6 PM *Belt Testing*	19 9 AM Black Belt Class
20	21	22	23	24	25 BLACK BELT TEST @ 5 PM in St Charles High Gym	26 **ST. LOUIS KSW TOURNAMENT AT UMSL**
27	28	29	30			

May 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 6 PM Kids Sparring 7 PM Adult Sparring	3 9 AM Instructor 10 AM Beg Weapons 11 AM Adv Weapons
4	5	6	7	8	9 6 PM Kids Sparring 7 PM Adult Sparring	10 9 AM Black Belt Class
11	12	13	14	15 *6 PM Belt Testing*	16 *6 PM Belt Testing*	17 9 AM Black Belt Class
18	19	20	21	22	23 *Holiday:* Memorial Day - No Classes	24 *Holiday :* Memorial Day—No Classes
25	**26** **No Class**	27	28	29	**30**	31

KUK SOOL WON MARTIAL ARTS

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Here's What's Happening ...

Gentle Reminders :

Please bring **all** your sparring gear to sparring night! You **will** need it. Parents … check your child's equipment bag to make sure all items are ready.

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How many total techniques are there in KSW? How many have you practiced at home this week?

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A Few Words From KJN Harvey :

The St. Louis Tournament is coming up! We are privileged to host this tournament and we are excited to have Kuk Sa Nym visit our school ! In order to prepare for the tournament, let me help you with a few pointers. **Class attendance** will help you prepare with choosing which techniques are best, refining techniques, and sharpening your skills. **Etiquette** is so important, so please remember to bow and say 'yes sir' or ' yes ma'am' when appropriate. And last but not least, this is a **TEAM** competition. Each ring will be based on your rank and you will be competing against other students from all across the Midwest. Performing in your ring helps make your contribution a big part of the St. Louis *team victory*. Your Instructors will assist you in preparing for the tournament, and we are looking forward to seeing you at the tournament !!

T Shirt Days in April

T-Shirt Days will be held during the entire month of April. All students who have signed up and paid for tournament will be permitted to wear any Kuk Sool Won Tournament shirt, Kuk Sool Won shirt, or plain black t-shirt for class. Please remember to bring your dobak (jacket) to class with you, as you will need this to bow into and out of class.

April Black Belt Test

The location of the April Black Belt Test will be held at the St. Charles High School in the *Old Gym* on April 25th. **All Black Belt candidates are expected to be on time** (5 pm). Please remember to bring all your weapons, have a clean dobak and bring your own bottled water. This test will include new Black Belt candidates as well as those completing their testing phase.